



**HMM...**

**What does 'peer pressure' mean?**

# TRUE OR FALSE?

You can only be peer pressured into doing 'reckless' things, like smoking or taking drugs.

# TRUE OR FALSE?

**You can be peer pressured into doing things that are 'good' for you, like exercising, or studying.**

# TRUE OR FALSE?

**You can only be peer pressured by people who are older than you.**

# ANY THOUGHTS?

What are some signs that you might be experiencing peer pressure?

# I WONDER...

**What are some signs that you might be putting peer pressure on someone else?**



# LET'S SEE...

**How does your body feel when you are under pressure to act a certain way in order to fit in?**

# GAME PLAN

How could you respond if you are feeling peer pressure?